

# April MOW Meal Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>Mesquite Glazed Chicken Mashed Potatoes County Veggie Medley Vanilla Pound Cake</p>	<p><b>2</b></p> <p>Beef Tamales Spanish Rice Green Beans Strawberry Yogurt</p>	<p><b>3</b></p> <p>Chicken Parmesan Penne w/Marinara Broccoli Cauliflower Diced Peaches</p>	<p><b>4</b></p> <p>Mongolian Beef White Rice Veggie Medley Veggie Spring Roll Grapes</p>	<p><b>5</b></p> <p>Chicken &amp; Dumplings Corn off the Cob Spring Peas Buttermilk Biscuit Cinnamon Applesauce</p>
<p><b>8</b></p> <p>Breaded Fish &amp; Chips Veggie Medley Tartar Sauce &amp; Lemon Gelatin</p>	<p><b>9</b></p> <p>Enchiladas Verde Cilantro Lime Rice Seasoned Calabacitas Banana</p>	<p><b>10</b></p> <p>Texas Style Chili Sweet Cornbread Bowl Green Beans Corn off the Cob Vanilla Yogurt</p>	<p><b>11</b></p> <p>Three Cheese Manicotti Alfredo Brussel Sprouts Seasoned Carrots Dinner Roll Diced Pears</p>	<p><b>12</b></p> <p>Beef Tips &amp; Mushrooms Mashed Potatoes Asparagus &amp; Red Pepper Succotash Sugar Cookie</p>
<p><b>15</b></p> <p>Orange Chicken White Rice Broccoli &amp; Red Peppers Veggie Spring Roll Pineapple Tidbits</p>	<p><b>16</b></p> <p>Swiss Steak Mashed Potatoes Veggie Medley Sliced Bread Cinnamon Applesauce</p>	<p><b>17</b></p> <p>Lemon Glazed Chicken Rice Pilaf Brussel Sprouts Seasoned Carrots Choc Chip Cookie</p>	<p><b>18</b></p> <p>Carne Guisada Spanish Rice Flame Roasted Corn Tortilla Chips Vanilla Pudding</p>	<p><b>19</b></p> <p>Turkey hot Dog Crinkle Cut Fries Peas &amp; Carrots Bun &amp; Fixings Orange</p>
<p><b>22</b></p> <p>Meatloaf Mashed Potatoes Veggie Medley Sun-Dried Raisins</p>	<p><b>23</b></p> <p>Chicken Tamales Cilantro Lime Rice Green Beans Ranchero Sauce Vanilla Yogurt</p>	<p><b>24</b></p> <p>Shepherd's Pie Spring Peas Seasoned Cauliflower Banana</p>	<p><b>25</b></p> <p>Cheesy Beef Quesadillas Spanish Rice Flame Roasted Corn Mandarin Orange</p>	<p><b>26</b></p> <p>Tuna Noodle Casserole Buttered Broccoli Glazed Carrots Sugar Cookie</p>
<p><b>29</b></p> <p>Calabaza Con Pollo White Rice Refried Beans Seasoned Carrots Pineapple Tidbits</p>	<p><b>30</b></p> <p>Pub Burger with Cheese Crinkle Cut Fries Bun &amp; Fixings Apple Slices</p>			

Fellowship Meals are served Monday - Thursday 11:30am - 12:00pm, Fridays 11:00am - 11:30am

LUNCH IS SERVED FOR 1/2 HOUR ONLY

Suggested Donation \$5 • Menus are subject to change